

HOW TO BECOME A BETTER SPORT PARENT



Allow your child to take part in more than one sport

Display positive body language

Be a role model

Provide Constructive Criticism

Don't pressure your child

Show interest in your child's sport

Allow your child to choose their own sport

Be a good listener

Give Encouragement

Focus on your child's enjoyment

Teach your child to learn from failure

Attend regular games

Praise effort not talent

Cheer everybody on the team

Praise sportsmanship

