

# Parenting tips

**YOU DO NOT HAVE TO MAKE YOUR CHILDREN INTO WONDERFUL PEOPLE. YOU JUST HAVE TO REMIND THEM THAT THEY ARE WONDERFUL PEOPLE. IF YOU DO THIS CONSISTENTLY FROM THE DAY THEY ARE BORN THEY WILL BELIEVE IT EASILY.**

*WILLIAM MARTIN*



The solution to every  
parenting problem  
starts with nine little  
words:

'I'm here.'

'I hear you.'

'How can I help?'

