

BPS/EC/2023-2024/34
04 June 2023

BIRLA PUBLIC SCHOOL, DOHA - QATAR
Circular

Dear Parent,

Sub: Extreme Heat Advisory

We hope this circular finds you well.


As responsible educators, it is our duty to always ensure the safety and well-being of our students. We kindly request your immediate attention and cooperation in taking necessary precautions to protect your child from the extreme heat in the following ways:

- 1) Provide your child with a suitable cap (**plain white cap**) to wear to school every day.
- 2) **Water Bottles** - Please ensure that your child carries a refillable water bottle to school every day and encourage them to drink water regularly and **stay hydrated** throughout the day.
- 3) If your **child displays any signs of illness**, such as fever, cough, sore throat, runny nose, headache, body aches, vomiting, diarrhoea, or any other flu-like symptoms, please refrain from sending them to school.

Educate your child about the symptoms of heat exhaustion and heatstroke, including dizziness, weakness, nausea, rapid heartbeat, headache, and flushed skin. Instruct them to seek immediate assistance from their Class teacher if they experience any of these symptoms.

We urge you to have an open dialogue with your child about the importance of following these guidelines and the potential risks associated with the scorching heat. By working together, we can create a safe and healthy environment for our students.

Thank you for your cooperation and continued support,


Harish Sanduja

Academic Director - Principal